



# KIDS YOGA!

## Early Spring Series 2012

(6 weeks March 15 - April 19)

Thursdays 4:00 pm - 5:00 pm

Learn calming techniques in a fun and playful class!



\$84 (6 weeks)

\$72 with Early Bird Discount

Register by **February 27th** to receive  
**Early Bird Discount!**

**Extra 10% discount for Rainbow Station Kids!**

Kids Yoga improves:

- Focus
- Concentration
- Balance
- Coordination
- Flexibility

For more information or to register call **804-747-9642 (YOGA)**

or email us at [info@synergyyogastudio.com](mailto:info@synergyyogastudio.com)

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